Special "Alternative Youth Settings" in Hungarian shopping centres - aiming to strengthen social cohesion

Workshop „Regional Health Policy”
Bochum, 13-14 September 2010.
Financing and questions

- From 21st March 2009 until 20th March 2010
- TÁMOP-5.2.5/08/1/C-2008-0213
- From the ending of project until now (HR, rent, supplies, sustaining expenditures, overhead expenses...)

**Volunteers and from other programmes**

- The future – preparing the new proposal on the call of TÁMOP-5.2.5.B-10/2 to the components of Youth and Drug Affairs

The deadline of submitting proposal: 10th October, if awarded, the possible starting date??!! Untill that?? And if the project proposal isn’t accepted?
Gyere el és légy részese egy fergeteges nyitó bulinak 2009. április 16-án 16-órától. (Nyír Pláza 2. emelet)

THE FIRST DAYS.....

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egy ücsörgős társalgós hely NEKED !!!
The team

- At least two experts simultaneously (mandatory)
- High educated experts with experiences in drug related programmes (social workers, mental health promoters, life skills advisor, psychologists)
- Volunteers (experts and students)
- Experts from other organisations (as a part of community service)
- Wide collaboration with health, social, education system
- Regular supervision and team discussion
Programmes – mandatory or basic

• information base
• Creative Club
• Film Club
• Games
• Camera of secrets
• games for self recognition
• life skills and health behaviour advising
• Peer education programme
Additional programmes

- **Picture-Music-Words Exhibition Series**: we ensure audience and place for young talent
- **Intercultural evenings**
  - Salsa
  - Indian evening
  - Hungarian folk-music, dance party
- **Competitions**
  - „Micropodium” Present your talent!
- **English, Italian** speaking group
  - „WEK” Williams life skills training
- **Special days, holidays**
- **Healthy days**
### STATISTICS

#### professional activities

<table>
<thead>
<tr>
<th></th>
<th>individual and grouped consultation</th>
<th>Thematic and drama groups</th>
<th>case therapy</th>
<th>crisis intervention</th>
<th>theraptic connetion</th>
<th>Social counselling</th>
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</thead>
<tbody>
<tr>
<td>occasion</td>
<td>18 alkalom</td>
<td>16 alkalom</td>
<td>12 alkalom</td>
<td>12 alkalom</td>
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<tr>
<td>person</td>
<td>44 fő</td>
<td>70 fő</td>
<td>6 fő</td>
<td>5 fő</td>
<td>8 fő</td>
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</table>

#### professional activities

<table>
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<tr>
<th></th>
<th>Psychological counselling</th>
<th>mentalhigienic counselling</th>
<th>peer education</th>
<th>peer programmes</th>
<th>volunteers education</th>
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<td>12 alkalom</td>
<td>3 alkalom</td>
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<tr>
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<td>8 fő</td>
<td>28 fő</td>
<td>30 fő</td>
<td>10 fő</td>
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</tbody>
</table>

Number of visitors (2009-2010): 1230; 50% male, 50% female; age: 16-22 y.
RESULTS

- Integration/reintegration to the society (job, school, community, knowledge)
- Problem defining and solving
- Place where good to stay
- Health promotion, drug prevention
- Improve selfconfidence
CHALLENGES

• Survive financial „breaks” (the project is based on outside funds, could not be selfsupporting)
• Sustain personal motivation on high level
• Recruit qualified experts who are young, motivated, has empathy and good skills
• Involve volunteers but avoid inexperienced, untrained persons as helpers
• Continous training, knowledge expansion, development of skills, prevent burning out
• Including target persons whithout excluding target ones (for example roma and non roma visitors, „gangs”)
• Place for ? For what? (TV room, playground, entertainment centre, meeting point, etc.) For whom?
• Catch more young persons from Plaza visitors, but not increase the number of Plaza visitors
• Widening good-fruitful partnership
• Fundraising with effective negotion (Plaza’s management)
• PR, social marketing… skills we have to learn